

PEAK EXPLORATIONS

NO BOUNDARIES



AUSANGATE TREK GEAR LIST

Trek Gear

Daypack and rain cover

Regular roller luggage/sturdy backpack/duffel (65/70 liter), Extra bag to put items and leave at hotel, Trekking Poles (if you use them), Water bladder, Extra water bottle/Nalgene, 15 F degree or less down sleeping bag, sleeping mat

Rain jacket/poncho, Rain Pants, Trekking Pants, Baselayer Pants, Baselayer shirts (short & long), Hiking tops and bottoms, Down/Fleece or down jacket

Hiking boots, Camp Shoes, Crocs, Micro spikes for ice/snow, Gaiters, PJs, Socks & liners, Undergarments

Wide brim hat, Warm hat/Balaclava, Warm gloves, Bandana Sunglasses/Goggles, Watch/Alarm

Camp towel, Toiletries, Eyeglasses/Lenses, Container, Cleaner, Feminine Products, Water Filter/Purification Tablets (environmental friendly)

First aid kit, Knife, Duct tape, Anti-Blister Items (moleskin), Warmers (hand & toe), Bug spray Prescription Drugs, Diamox, Antibiotics, Ibuprofen, Cough & Cold medicine

Head Lamp with extra batteries, Camera with charger, extra memory cards & batteries, Phone & charger, Plug converter

Sunscreen, Lip Balm, Hand Sanitizer, Wipes, Whistle, Ear plugs, Ziploc Bags, Big Trash Bags,

Cards/games, Notebook, Kindle, Books, Pen, Trail Snacks

Casual clothes for city sightseeing

Travel Items:

Tour Booking Confirmation, Flight Itinerary, Personal guidebooks/map, Passport & 3 copies, U.S. cash, credit cards, ATM cards, Travel insurance card.